



The road to a better tomorrow begins **today**

What is the Focus Forward Project Class?

A 12-Week course that meets once a week for two hours, with reading and writing assignments each week.

What will I gain if I take the class?

- A resume to be proud of
- Reading comprehension skills
- Writing and public speaking skills
- A letter of support from Focus Forward class facilitators
- Access to the Focus Forward Project alumni community and support network
- Resources to reentry services
- Self-confidence and motivation

What's required to graduate?

- Attend 12 class sessions
- Complete all reading and journal assignments
- Complete final writing assignment

The Focus Forward Project Mission:

The Focus Forward Project empowers individuals charged with federal crimes to move beyond the stigmas of arrest and conviction by providing programs designed to foster a successful future within an innovative and supportive community.

Our 12-week program is specifically tailored for people in federal jails and for people out on bail under pretrial supervision. The Focus Forward Project's classes provide participants with the space and tools to better utilize this period of uncertainty by focusing on the future and creating a plan for reentry. The stigma of being charged with a crime and the stressful process of navigating through the criminal justice system are challenges that we fundamentally believe should not be faced alone.

Our small class size fosters a trusting and supportive environment where participants are encouraged to engage in honest discussion, express ideas, and share their feelings. By creating a safe and unique community, participants work through challenges together, learn from shared experiences, and support one another in their paths forward. Our curriculum also focuses on skills-based training that our participants can use to further their education or careers.